

Another Day

Biblical reflections for busy teachers



Stillness

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." Psalm 46:10

September is an exciting time of year. There is an energy that runs through schools as refreshed, relaxed staff and children return for a new year and a new start. Vision for the future is shared, new working relationships forged and friendships are made that can last a lifetime.

However, there can also be a sense of regret as the new term means stepping back into the fast current of initiatives and change that is a part of education today. Friendships outside school are suspended, time becomes limited and opportunities for reflection diminished. Apart from short breaks it will be a whirlwind of change, initiatives and giving out to others before the school year draws to a close next July.

In Psalm 46:10 God calls us to be still:

*"Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth."*

Being still before God takes time. It involves stopping, resting and listening to what He is saying, acknowledging that He is the Almighty, Everlasting God and worthy of all our praise.

Being still is worthwhile because in the stillness we meet our God, the God of restoration, renewal and transformation. In that place we find ourselves being drawn away from the frenetic pace of life to what is really important, what we are created for, to exalt and to worship God.

Can you make changes to your weekly routine to make space to be still before God? What do you think will be the benefit to you personally and to your teaching?

Yet this I call to mind and therefore I have hope: Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.

Lamentations 3:21-23